



May is Bike Everywhere Month!

- 🚲 Save money on gas!
- 🚲 Free parking!
- 🚲 Get outside!
- 🚲 Help reduce pollution!
- 🚲 Get exercise while commuting!
- 🚲 Avoid traffic!
- 🚲 Gain community!
- 🚲 Have fun!

Five Quick Tips to Get Started

- 🚲 **Be Safe:** wear a helmet and follow all traffic laws!
- 🚲 **Do a Test Ride:** Try out your commute on a weekend to feel confident you know your route.
- 🚲 **Map it Out:** Use the “bike” feature on Google or Apple Maps to find a route with bike lanes and protected trails
- 🚲 **Find a Buddy:** Go to an event or group ride to feel more confident and meet people you could commute with.
- 🚲 **Don't Have a Bike?:** Rent a bike or shared mobility device (like Lime or Bird) to see what you like before purchasing your own.

Events this Month

MAY
ALL MONTH

Bike Everywhere Month Events with Cascade Bicycle Club

Celebrate riding with a host of in-person and some virtual activities with Cascade and their partners including group rides, a bike-swap, parties, educational opportunities and more!

Scan the QR code or visit cascade.org for more information



MAY
29

Bike Month Send Off: May 29th, 2025 | 4-6pm | Occidental Square

Celebrate the end of Bike Everywhere Month! Enjoy bike-themed giveaways, learn about bike repair, connect with cycling groups and resources, try out a Lime scooter, and get ready to ride into summer.

Scan the QR code or visit commuteseattle.com for more information

